

## Frequently Asked Questions About Hummingbird

### Who is Hummingbird for?

We help anyone in Manitoba who has been physically or sexually assaulted.

### Will you tell anyone if I come to Hummingbird?

No. Coming to Hummingbird is confidential. We don't tell your family, the police, Immigration, or anyone in your community.

### I speak a language other than English. Can I still come there?

Yes. We can arrange for an interpreter to be on the phone with you or to be present with you at Klinik.

### How can you help me?

If you have been sexually assaulted or physically assaulted, we can:

- Check you for injuries
- Give you medication to prevent pregnancy and HIV; these need to be given right away
- Test for and treat sexually transmitted infections
- Collect evidence in case you want to involve the police
- Provide someone to support you and talk with you

All of these options are your choice. You can say yes or no to anything we offer.

### What if I'm not a Canadian citizen?

You don't need to be a Canadian citizen, have a Manitoba health card, or have legal identification to come to Hummingbird.

### How do I access Hummingbird?

There are three ways:

- Call the Nurse on Duty: 204-451-9445
- Email us at [hummingbird@klinik.mb.ca](mailto:hummingbird@klinik.mb.ca)
- Walk-in to Klinik at 167 Sherbrook St. and ask for Hummingbird:
  - Monday to Thursday 9am to 7:30pm
  - Friday 9am-4:30pm
  - Saturday 10am-4pm

You can speak to a counsellor from Klinik 24 hours a day by calling 204-786-8631 or toll-free: 1-888-292-7565.