

FACT SHEET - HEALTH CARE PROVIDERS

MOBILE WITHDRAWAL MANAGEMENT SERVICES (MWMS)

REFERRAL BASED

WHAT IS MWMS? MWMS is a mobile withdrawal management and stabilization service that supports people who want to detox from a substance they are using.

HOW IS IT ACCESSED: You can be referred by your family doctor or nurse practitioner or any other doctor or nurse practitioner. If you are having difficulty in locating a doctor or nurse practitioner, please contact Klinik directly at 204-784-4090 and ask for an MWMS staff member.

WHO IS THIS SERVICE FOR? This service is for people who are 18 or older and live within the City of Winnipeg or RMs or West St. Paul and East St. Paul. This service can be accessed by clients for up to thirty (30) days.

WHERE IS THE SERVICE? Services are provided by a mobile team within a client's home or other safe accommodation, such as a Short Transitional Access to Recovery (STAR) bed. Clients can choose where they want to be seen, including the option of meeting at a central location during the day and returning to their home or safe accommodation at night.

WHO IS THE MWMS TEAM? The team is made up of nurses and health and social services workers that provide day-to-day support services with the support of addiction physicians from Klinik. The staff team works seven days a week. Clients will have access to after hour supports through the Klinik crisis line, which is available 24/7/365. The Klinik MWMS works closely with the referring physician, partners, clients, and their support systems, to support a successful recovery. The team will provide support and recovery education to clients, caregivers and support persons.

ADDITIONAL SERVICES: All enrolled clients will have access to Elder and Indigenous specific services through Aboriginal Health and Wellness Centre of Winnipeg. These services will be discussed with clients when they enter the program. Clients who identify as Indigenous, and do not have a primary care provider, will be assisted to access primary care through Aboriginal Health and Wellness Centre of Winnipeg, should this be their preference.

WHAT HAPPENS AFTER 30 DAYS? All clients will participate in an initial and ongoing assessment to identify what support services they need currently and after the program. A key piece of this assessment is ensuring that they have access to a primary care provider. In addition, clients will be assessed to determine if they require longer-term residential treatment, and supported to access those, and other services, at program completion.

In order to refer a client, the referral must include a recommended care plan that follows the referral form provided by Klinik. This form can be accessed in Accuro for sites on the shared platform, or there will be paper based referral forms at your sites. If you have questions about the program or your referral you can contact the MWMS Health and Social Service Worker at (204) 583-5265 or (204) 583-8122.

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In order to receive these services, an individual must obtain a full medical assessment from an approved addictions physician and meet the following requirements:

- (a) be medically and psychiatrically stable;
- (b) have no risk of seizures;
- (c) have no anticipated severe or complicated withdrawal;
- (d) have no evidence of medical complications requiring close observation or treatment in a hospital setting;
- (e) have no psychiatric symptoms which are unable to be safely managed in a community setting (i.e. active psychosis); and
- (f) those who have not successfully completed detoxification in the community or ambulatory setting, which will be reviewed on a case by case basis.

The referring physician is responsible for the development of an appropriate care plan for the MWMS Team to follow during the initial phase of the detoxification service.

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