



Hummingbird

Information About the Care You Received

Assessment Date: _____ Follow-up Appointment: _____

Strangulation can lead to complications over the next 36 hours, particularly if you have lost consciousness during the assault. As a result, you may experience symptoms like hoarseness of your voice or difficulty swallowing and/or discomfort with swallowing. If current symptoms persist or get worse or you develop any of the following symptoms in the next 36 hours have someone take you to the nearest Emergency Department or call 911:

Signs & Symptoms to Be Aware Of

- Difficulty breathing, shortness of breath, persistent cough or coughing up blood
- Increasing neck pain
- Difficulty swallowing, a lump in your throat or muscle spasms in your neck or throat
- Nausea or Vomiting
- Thoughts of harming yourself or others
- Dizziness, lightheadedness or changes to your vision
- Worsening Headache not relieved by pain medications
- Confusion, behavioral changes or memory loss
- Eyelid or facial droop
- Left or Right sided weakness, numbness or tingling
- Swelling to your neck, throat or tongue
- Changes to your voice, difficulty speaking or understanding speech
- Loss of consciousness or "passing out"
- Difficulty walking
- Seizures

If you are pregnant, seek medical attention if you have any of the following symptoms immediately:

- Decreased movement of baby
- Vaginal spotting
- Abdominal pain
- Contractions

Hummingbird Nurse Line 204-451-9445